



EMILY AMSDEN FSC FALCONS



Emily Amsden is the Philafieldhockey Student-Athlete of the Week.

Amsden is a key member of the FSC Falcons U16 Black team, playing every position on the court. She has been a club member for seven years, beginning in grade 3 and has participated with FSC in the USA Field Hockey National Indoor Tournament for 3 years, two times as pool champs, and one year at the USA Field Hockey Field Hockey Festival.

Amsden's commitment to her sport and her team is echoed in her academics. A freshman at Pennridge High School, Amsden has earned a 4.4 GPA and carries a demanding

course load including AP Computer Science, Algebra II Honors, Biology Honors, Humanities English Honors, Humanities Social Studies Honors and French II. She is a member of the Junior National Honor Society and has earned Distinguished Honor Roll honors. Amsden was honored with as the 2017 Outstanding School Attitude and Citizenship Award.

At Pennridge, Amsden is a member of Key Club. She volunteers for Feed My Starving Children, a Christian non-profit organization that coordinates the packaging and distribution of food to people in developing nations, and has helped with their MobilePack events for the last 3 years. Amsden is also an altar server at St. Agnes Roman Catholic Church.

"I enjoy working with Feed My Starving Children because that work directly affects children who are less fortunate than we are," said Amsden. "We provide food to help them survive, something many of us take for granted."

Amsden was selected to participate in the upcoming 2018 Women in Science and Engineering (WISE) Forum at Lehigh University, sponsored by the Da Vinci Science Center. She plans to pursue a career in the sciences.

Amsden earned a starting spot on Pennridge's varsity team this year this past fall, at forward and midfield, and garnered Suburban One All-League 3rd Team and the Varsity Heart Award honors.

"I love to play field hockey," continued Amsden. "And I would love to play in college!"

Interested in being the Philafieldhockey Student-Athlete of the Week? Phila-area players from all divisions/ages and clubs are welcome to submit information; [click here](#).



Student-Athlete of the Week is sponsored by Longstreth

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