

Ursinus College: Team of the WEEK for games September 14-20, 2015



Ursinus College Field Hockey is our Team of the Week. The Bears blanked both of last week's opponents, topping Elizabethtown 4-0 and Gettysburg 5-0 and recording 42 shots on goal. The two wins, and a victory this week, mark a 4-game winning streak for the Bears and an overall record of 5-1. Ursinus is currently ranked #7 in the National Field Hockey Association Coaches' Poll.

Goalkeeper Danielle DeSpirito earned Centennial Conference Defender of the Week honors for the shutouts, her second and third in 2015. DeSpirito's honors follow teammate Megan Keenan's, who was named Centennial Conference Player of the

Week, the week prior, after notching a hat trick in the team's 3-2 win over Messiah.

Among Philadelphia-area colleges (ending 9/20/15), the Bears rank second in average goals allowed (1.39) and fourth in goals scored (3.8). Twenty players saw action in the two games.

"We had two solid performances last week," said Head Coach Jannell Benner. "Our team defense was solid in both games allowing just 4 shots on goal and 0 goals against. The team is starting to connect well on the attack as well and finished with some great goals and beautiful corner execution."

The Ursinus roster includes 8 players from the Philadelphia area. The full roster: Ann Kopera (Neshaminy), Danielle Stong (Boyertown), Jordan Miller, Brooke Overly, Rachel Zane, Colleen Leahy, Stephanie Cooper (Central Bucks West), Emma Frees, Bridget Sherry (Strath Haven), Aliko Torrence, Alexis Short (Methacton), Devin Brakel, Kelsey Reed, Maria Dicioccio, Samantha Macchio, Mikayla Jordan (Garnet Valley), Megan Keenan, Amber Steigerwalt (Central Bucks South), Danielle DeSpirito, Sydney Godbey, and Jules Singer (Council Rock North). The assistant coaches are Gabe Moliken (ODU '93), Ashley Pultorak (Duke '09) and Alyssa Thren '12.

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Kerry Anne Farrell / Cabrini College

ATTACKER of the WEEK

for games September 14-20, 2015



Cabrini senior Kerry Anne Farrell moved to the top of the Cabrini Field Hockey record books for career points. In the 4-0 win over Widener last week, Farrell netted a pair of goals, elevating her stats to 143 career points – enough to break the previous mark of 141 set by Jessi Valerio in 1998. Farrell is also primed to break Cabrini Field Hockey’s record for goals and assists; she stands at 61 career goals, two shy of Valerio’s career record, and 21 career assists, a pair behind Lindsey Atzert’s (2009-12) mark.

Farrell has been the heart of the Cavalier’s attack since her freshman year and her absence for the first two weeks into the 2015 season was gravely missed as she was sidelined with an injury. Farrell brought back the offensive punch for the squad, Coach Jackie Neary commented; her leadership on the field was immediately noticed upon her return.

“This honor is a testament to Kerry Anne’s hard work, leadership and selflessness, especially after missing several games due to injury,” continued Neary. “She has been, and continues to be, one of our hardest workers both on and off the field.”

Farrell’s field hockey honors at Cabrini are vast and include: 2014 CSAC Player of the Year; 2014, 2013 and 2012 All-CSAC First Team; 2014 All-South Atlantic Region Second Team; 2012 Synapses Sports National All-Rookie Team and CSAC Rookie of the Year.

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Anna McCafferty / Jenkintown High School

DEFENDER of the WEEK for games September 14-20, 2015



Posting an .88 save percentage as a goalkeeper is certainly impressive. Given that Jenkintown High School's Anna McCafferty recorded 51 saves and allowed only 7 goals in three games takes it to a whole new level. For her stellar week in goal, despite posting a 1-2 week, Jenkintown Goalkeeper Anna McCafferty is our Defender of the Week.

In the third game of the week versus Lower Moreland, McCafferty allowed only one goal – on a stroke – and blocked 23. To date, McCafferty has netted two shut-outs. She serves as team captain and is devoted to her team and the sport, notes her coach Katie Small; she is hoping to play

at the collegiate level.

“Anna brings a quiet dominance to the net. She is not flashy and is very humble. Anna put the pads on for the first time her sophomore year and now in her senior year, is one of the top goalies in the Bicentennial Athletic League (BAL). We do not have a goalie coach at Jenkintown and Anna does not play club; nearly everything she has done in goal has been self-taught. I can't even imagine how good she will be in the future as she comes into 'her pads'.”

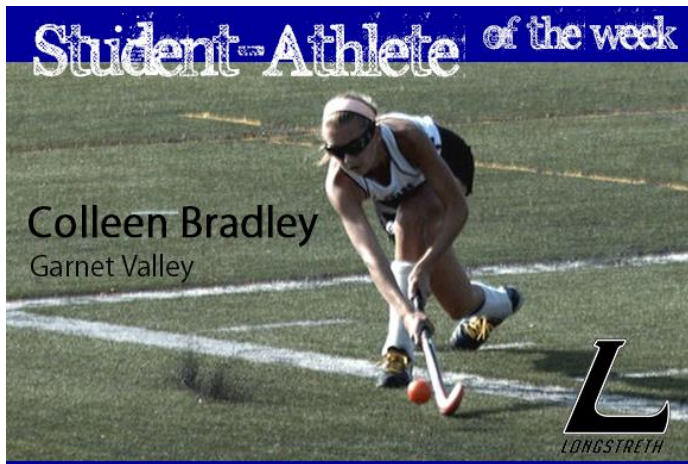
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STUDENT-ATHLETE of the WEEK: **Colleen Bradley '16** / Garnet Valley HS



Garnet Valley senior captain, Colleen Bradley is our Student-Athlete of the Week. Bradley, a second year starter and speaking captain for the Jaguars, has been the core of the team, her coach Erin Fidler noted.

“During the absence of a coach this past off-season, Colleen took it upon herself to serve as our team captain and organized team workouts and practices to motivate her teammates and prepare for the following season,” shared Fidler. “Her leadership skills have really shown this past year; she is someone her teammates and

coaches can trust and rely on.”

Academically, Bradley soars. She is enrolled in the Delaware County Technical School Medical Careers Program at Crozer-Chester Medical Center, which encompasses four credit courses including Honors Anatomy, Honors Physiology and clinical observation. Bradley’s academic day begins well before the Garnet Valley High School morning bell rings; she reports to school at 6:15 a.m. to depart for Crozer. In addition, Bradley carries an unweighted GPA of 3.616 and weighted GPA of 4.72. Her course load is rigorous including: Honors English (9,10,11,12); Honors Geometry, Algebra II/Trig, Algebra III/Trig Pre-Calculus, Calculus(12); Honors Earth & Space, Biology; Chemistry; Honors Non-Western Cultures; Western Civilizations; US History; and Political Science . She is an Honor Roll student, a member of the National Honor Society, and was recently inducted into the Garnet Valley Varsity Club.

Bradley is involved in Garnet’s Interact Club which provides volunteer service throughout the community; activities include hosting and serving lunch for the elderly before they attend high school games, assisting with middle school dances and craft fairs, and sponsoring children across the country by donating and communicating with them. Outside of school, Bradley is a field hockey referee for the Brandywine Youth FHC and Brandywine Youth Softball Club, helping the kids better understand the games and rules.

“Colleen has a very quiet and kind demeanor; however, her play is very aggressive, dynamic and explosive,” added Fidler. “Her maturity allows her to see the field very well and she sets up multiple opportunities for her team. She is the type of player that will never settle with her skills or until the ball is in the back of the net.”

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